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Synergy in medical system and the new professions

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Introduction.

This article deals with the synergy between classical medicine, naturopathy, alternative medicines and alternative therapies as well with the new professions in medical system. It could also serve as a template to work jointly on a conception in this issue.

Summary and Outlook.

More and more people are aware of the influence of spiritual energies to the visible gross material plane through the invisible subtle levels, get therein more and more insight and perceive healing. They develop talents and gifts which they apply with increasing success to themselves and others. This results in new occupations in the medical system (field of bioenergetics, psycho-energetics and spiritual healing).

Especially in this day and age, where people are getting sicker, more dissatisfied and frail in the scale of classical medicine and where medicine, classical or alternatively, reaches its limits, the market is crying out for new occupations. It reveals by itself a new market. This market is going to be known and to be established increasingly. Let us fill in this gap and seize the chance with some courage!!!

Basic points for a possible synthesis or synergy.

I would like to contribute, that the wedge, which was driven between the various disciplines in the medical system, can gradually be removed by an Interdisciplinary Dialogue. In this context I would like to list the following basic points, which could be suitable for achieving this synergy in a practical way.

1. **It is considered that each person has self-healing forces, which he can gradually activate.** Likewise, it is considered that in general every person has a spiritual potential that allows him in principle, to reach the independence of mind to say that every man is the architect of his own fortune. Also every person can principally bring this potential for development. How well this is possible for a certain people, depends in particular on his current mental or spiritual condition. As long as this spiritual potential is still partly hidden or undetected, we are faced with any problems that cause us always to seek help on the outside. Regarding healing, we will then seek assistance that we find in one or more disciplines in the medical system.
2. **It is considered that each of the various disciplines in the medical system are basically legitimate.** However, at a certain health problem not each of the disciplines will be helpful. Which of the disciplines is best for application depends on the specific health problem on the one hand and on to what therapy or medical treatment the help-seeker has an access.

3. **To find out which therapies or medical treatments would promise best success, the exploration of the respective causes are of course of great importance.** In this book, among others, such possible causes are addressed, which, to my knowledge, the classical medicine has not yet considered or recognized. Among others, these are causes that have something to do with the soul plan of man or with subtle energy flows in the body energy system of man.
4. **Because man is not just the physical body, but also has subtle and spiritual aspects, the aids are not confined to the physical plane.** So, those aids thoroughly make sense that have influence on the subtle and spiritual levels of people, as it is the case in many healing methods of alternative healing (homeopathy, acupuncture, acupressure, spiritual healing, ...).
5. **It is assumed that the higher the level is, on which it can be influenced, the more it is to penetrate to the true cause, the more powerful will be the healing effect.** The influence on the purely physical level, as it mostly seems to be the case in the classic medicine, causes primarily a symptom treatment, but does not solve the problem from the root. Because everyone has spiritual aspects, an effect can take place on the subtle and/or spiritual level through each of the therapies or medical treatments, regardless of discipline. This is of course the case if an influence is exerted directly at the higher levels. This could also be the case if the doctor gives the patient a good feeling, if he builds a sympathy with him or if he encourages him. This may also be the case if the faith of patients is correspondingly large in the effect of treatment. It is e.g. demonstrated that patients had just experienced a recovery when a surgery was simulated to them (pseudo-operation). So, in a report of the University in Heidelberg (Ruprecht-Karls-Universität Heidelberg) it is to read that after one year the conditions and quality of life of the pseudo-operated patients were not worse than those of a comparable group of patients who underwent an actual surgery (<http://www.uni-heidelberg.de/presse/news04/2402auch.html>).
6. **Each of the disciplines in medical healthcare sector should be a help for self-help.** That is, it should be generally followed the intention to enable the help-seeker to develop his spiritual resources, that he can be aware of his inner potential and that he can align his life more and more according to his inner impulses.
7. **In total consideration it is to assume that it would serve the people best if the different disciplines are not set in rivalry to each other but if an interdisciplinary dialogue is being sought, to make practicable the help for the self-help.**

Shortcomings of traditional and alternative medicine.

An important basic issue might be: "What helps the people best?" On my view this basic question has to do with the man himself, saying, what he believes that it will help him best. His faith, in turn, has often to do with: This 'what has been proven to date' or 'what is the conventional wisdom' is best. Anyone who believes in conventional medicine assumes that this medicine knows about the causes and effects in the biological processes in the body. The same applies to the scientific medicine and the pharmacist. Most doctors and pharmacists treat their patients according to the knowledge which is gained theoretically and practically by the conventional medicine.

We find that medicine now keeps ready an impressive amount of drugs (medicaments) and boasts with a medicament for almost every complaint and for almost every disease. Therefore, we consider generally a medicament that is approved after examining its pharmaceutical quality and its therapeutic efficacy and safety. Would such a medicament bring the relevant disease for each person to disappear, we would say that the appropriate medication is the cause for the appropriate cure. The same applies to the psychotropic substance. A similar question we also have to the reverse process, to the disease. For example, if a particular virus would cause evermore in all people the corresponding disease, we could say with certainty that this virus is the cause of this or that disease.

We now note, however, that no medicament indicates to 100% its desired effect and that not any virus causes evermore the corresponding disease in everyone. Or it may happen that a patient attains healing, if he gets a certain pill because he believes that an active substance is in it, although there was nothing thereof in it (placebo). In the reverse case a person can experience disease, because he believes that he is bombarded with harmful substances by food or by the environment or because notables as parents, good friend or doctor have made reckless statements, such as: "Because of this or that you have to be sick".

Some people who eat relatively healthy to general health scale, may have to do with more diseases as people who comparatively eat less healthy. Also, it happens time and again that a physician emits a death sentence to the patient after a thorough examination of the diagnosis and that the patient suddenly experiences a healing for inexplicably reasons from the viewpoint of the physician. And so, it seems that we can fix on no clear cause in terms of disease on the one hand and recuperation (convalescence) on the other hand, whether in physical or mental area. Therefore it can be assumed that we are dealing to laws that go beyond the traditional biological understanding. **This could mean that viruses, bacteria, toxins and other external stresses are not the primary cause of diseases. This could also mean that medicaments are not the primary cause of healing and/or that healthy diet is not the primary cause for keeping the body healthy.** Consequently, there seems to be hierarchically superior (deeper) causes which can override certain biological facts that are commonly understood as biological laws.

Certainly, the classical medicine has proved for a relatively long time. On the other hand it has reached its limits, where we must realize that it has not at hand

adequate solutions for all suffering, diseases and ailments. Likewise the alternative medicines encounter also limits, for which reason we can come to a similar conclusion. These limits should have to do, inter alia, with the fact that it doesn't always take place a cause-solution. Nevertheless it is to suggest that many of these alternative medicines have, comparatively to classical medicine, a greater potential of influence, because their influence is, owing to their essential nature, settled on higher energy areas in the energy system of man (also applies to animals).

The phenomenon of the placebo effect and its opposite effect, the so-called nocebo effect, leads to conclusions that the development of man and his mental state including his beliefs on these issues could represent a decisive factor.

Diseases or human problems seem to have a significant psychological, mental or spiritual background. This shows the present time more and more. More and more people feel that they come to other truths. More and more people go to the doctor because of certain symptoms, which the doctor no longer can correctly classify (e.g. symptoms because of the influence of the Kundalini energy). Or we realize more and more that the methodology of medication makes people sicker and sicker over time, provided that it acts as pure symptom treatment. Without the causes treatment people seem more and more to learn a certain dependency of the medicaments and seem to experience a kind of symptom displacement due to additional side effects. Currently even the trend seems to prevail, that the current biological understanding in medication and the practical experience from the medication diverge more and more. We have to extend if not to revolutionize completely our current understanding about the true cause of both the recovery (convalescence) and the disease. This applies to both the physical and the psychological realm.

But it is also not the case that we have found in alternative medicine the non plus ultra, so we have to say overall that in this issue nothing engages truly comprehensively (universally valid). So we must say that we have not understood anything and not exhausted all knowledge in this issue.

Currently we are facing a certain paradox.

On one side each of the medical and alternative medicine fields seems to be justified at least in parts. On the other hand none of the medical and alternative medicine fields seems to be the real solution, because none of these treatments performs to the desired success for each person. The greater is the challenge, to get satisfactory responses in physical and emotional range. We human beings should rise to this challenge. For this purpose we can appeal to the latest scientific findings. According to these findings, in the traditional medicine we mainly have to do with symptom treatments and less with the causes-solutions. In the alternative medicines, it may also primarily be a symptom treatment. But depending on the therapist, medical practitioner, doctor (yes, there are also doctors who deal with alternative medicines) or spiritual healer it's being attempted in parallel and partly predominantly to achieve causes-solutions. How much a cause-solution takes place in that area

may inter alia be dependent on the spiritual condition of the person who is seeking help and/ or whether a healing is provided in the soul plan of the help-seeker. Of course, in this case also therapist, medical practitioner, doctor or spiritual healer plays a specific role. The cause-solution is therefore desirable because it is emerging more and more that our mental attitudes and beliefs including our inner life concepts are largely, if not exclusively, responsible for any symptoms.

Because there is more energy, which conventional science cannot determine directly but indirectly calls as existent, it is increasingly to suspect that the underlying causes are to be found in these areas. This brings us at the same time in unconscious areas where something like the higher or high self of us is to be assumed that has higher truths, greater insights and greater forces. Therefore, one can easily come to the conclusion that the **symptom treatments**, whatever they may look, **should at most serve as a springboard for finding the true causes**; for nothing else. **Thus, they should be considered temporary.**

Because every man believes in something else, the symptom treatments should initially be guided on the understanding of the respective people. This means that the person should be picked really up where he stands straight, but with the background to get him to come to higher truths, which he has to find in himself and which can only be found in himself. This can for example be done with skillful questions, which let get our clients to think about the possible cause(s).

Thus, in any case, a synergy between the traditional medicine, alternative medicines and alternative therapies is to pursue. This synergy however should always be focused on in terms that the applications are be considered as temporary. This means that a discipline is established parallel or better superordinate to these applications that brings or motivates people who are seeking help to go into their own responsibility by pondering/reflecting their inner truth, their inner healing and their creative powers.

We know that everyone has healing powers and that cure can take place without medicaments and without further action in the outer. The phenomenon of placebo and nocebo as well as the knowledge to the ability to change our lives purposefully (power of thoughts, of emotions, of feelings and visions), are evidence enough to lay emphasis on the self-healing. Very good approaches to this issue provides also the so-called epigenetics (see source).

Epigenetics quasi describes the higher level of genetic regulation. So, for example, the renowned scientist and cell biologist Ph.D. Bruce Lipton has found out that the genes do not really control our organism. According to his findings, the genes are not capable of the stand-alone controlling, although they contain the plan of the organism. For a real control, it takes more than just a plan. It is no different than if planning a house. The architect's plan is only a plan that cannot control or rewrite itself. It is the architect who does or can do this. Bruce Lipton has not only found out an analogous principle in stem cells but also brought forward.

What are stem cells? Such body cells, which can develop into all cell types of the organism, are generally be called as stem cells. To the experiment: If stem cells were exposed to a specific environment (information field), it was found that, depending on

the environment, the one evolved into muscle cells, the others to bone cells and others again to fat cells. The experiments on stem cells pointed out that the information field of the environment was responsible for the development of the cells. Therefore the gene itself does not determine whether the stem cell should evolve into a muscle, fat or any other cells.

The same applies to the formation of proteins. For example, our body can produce 150000 different proteins. But according to the ancient understanding of biology 150000 genes would be necessary for that. But we only have about 23000 genes. So, the genes cannot really control which are to be formed of the proteins. Again, an information field is necessary for that.

Further investigations revealed that the electromagnetic field of our heart interacts with the DNA. The field of our heart is the strongest field of our body. Thus, for example, the electrical field of the heart (ECG) is up to 100 times stronger than the electric field of the brain (EEG). The magnetic field of the heart is even up to 5000 times stronger than the magnetic field of the brain. Now the electromagnetic field emits a signal which passes via the receptors of the cell membrane to the DNA. As a result of these receive-signals, the switching of genes is altered. In consequence the reading of the gene blueprint and thus the protein production is changing. That is to say, the biology of our bodies is changing depending on the receive-signals.

These considerations and other experiments suggested the assumption that we control the genes by our way of life, our beliefs and feelings, though mostly unconsciously. So, our beliefs, convictions and feelings create an information field that is responsible for how the genes are read and which proteins are formed.

If we, for example, are thinking constantly that we are healthy, vital and powerful, the genes are read in a way that we favor the rehabilitation and strengthening of the body or maintain a healthy and vigorous condition of the body. These new findings have far-reaching consequences because they represent our current understanding on the head. While we previously have seen ourselves more or less powerless against our body condition or/ and against the outer world, we know now that we are indeed not so powerless. We have our health and our lives in our own hands to a large extent. We are by our thoughts, feelings, visions, fears, beliefs and our inner concepts the architect who is responsible for his genetic plan. Ultimately, we ourselves are responsible for the constitution/ the state of our body. Subsequent section illustrates our power potential at least in terms of our self-healing.

Deeper meaning of the term "medicament".

When I looked for my own Codex (part C) and I came across the "Codex Medicamentarius", I realized that new findings make it necessary to rethink certain things on this issue. This is perhaps more understandable if we look closer at the deeper meaning of the term "medicament". The word "medicament" is composed of the two terms: "**medicus**" and "**mens**" (genitive form: mentis). "Medicus" is the Latin word for doctor and healer, and "mens" is the Latin word for spirit and mind.

So "medicament" means, that the spirit is the actual doctor or healer and that not the material aspect of a pill is equipped with a healing function. We all are living energy. And living energy is never ineffective. Therefore, there is a cause for each symptom or problem of every human being that must be found out. Two people who are in the same environment can be confronted with different symptoms/problems. Specifically, two people can carry in their body the same bacteria or viruses and can still show different symptoms (in the one it emerges a corresponding symptom and in the other not), which suggests that the individual symptom or problem has to do with the individual cause and thus with the individual human. So if someone perceives a specific symptom, the true cause of his symptoms is to look within himself/ in his spiritual condition. In other words, this means that the life-situation of a person always has to do with himself; so it is not really a random coincidence.

Every person has just by his energetic existence an ever-lasting creative power and thus is constantly acting in any way. Realizing this it infers that every human being has self-healing and creative powers, which in principle enable him to be completely independent and free. From these findings phenomena can be derived which are known as placebo and nocebo.

Furthermore, the terms "medicament" and "medium" have the same root word. "Medium" is the Latin word for medium, middle, center. So, through this common root word we can also recognize the path to our healing. It is the path to the center, which means the connection with our inmost essence (the true center).

In summary, over the deeper meaning of the word "medicament" it can be argued that in every man resides an inner healer (the real medicament), who is the really able to heal. This healer has true wisdom that we can make ourselves available by calling over (by invoking) or/and by connecting with it. This healer has true wisdom that we can make ourselves available by calling over (by invoking) or/and by connecting with it. Presumably we don't even need to call or ask the inner healer for anything, because his task is none other than to heal. If a petition, then preferably in the form of a prayer of thanks. What matters is to know that he is always in us and always acts in us. This, we can make aware by thinking or speaking of the following over and over again: *"Dear inner healer, nice that you are there and that you act in/ through me. I thank you that you all heal in me, if I only let do your work and if I don't push against your influence by means of my pathological and self-destructive thoughts or feelings. I listen to hear what you are telling me if it requires certain corrections in my pathological thoughts, feelings and behavior. ... "* Of course each can choose his own words or thoughts.

The aura and the modern symptoms.

Conventional medicine does not teach the energies of the aura and also teaches nothing about the events in the aura. This shortcoming must urgently be compensated, because we are dealing with energetic influences that affect the physical body. The aura, which is a system of several subtle energy bodies of different vibrations, is for most people (still) invisible, but is perceived or felt by more and more people.

Accordingly, there are many findings on this issue although there is still no unified doctrine, which in other respects is not different in the natural sciences. In physics there is still no unified theory. We know about phenomena that do not explain the physics, but which are explainable with the involvement of the invisible (subtle, mental and spiritual area). However, there is now evidence from the Physics to demand outright the existence of the invisible.

The Physics postulates now the existence of dark matter and dark energy. It even has determined how the percentage ratios are: Matter about 4%, dark matter about 22% and dark energy about 74%. Although it does not speak of spirit, but with the requirement of the existence of dark energy it opens the path that could lead us to spirit.

Especially in today's time more and more symptoms emerge on people that cannot explained from the doctors in conventional medicine, what I could identify personally on a client who I had supervised about 3 months in 2011. That woman had, inter alia, repeatedly experienced flashes of light on the body for which there are quite explanations, but traditional medicine does not know (for example symptoms of Kundalini activity). The Kundalini, which is in every human being, is a subtle energy that naturally can have an impact on our physical body. In conjunction with its influence such symptoms can emerge in certain circumstances that so many people can get frightened feelings without that is a real reason to fear there, because of lack knowledge of the real causes.

Given the steady increase of the phenomenon of poorly understood symptoms (in the classical sense), I consider it expedient to address possible causes in this issue. To this topic it can be discussed in a special forum, where own experiences can be exchanged in order to can better understand the mentioned symptoms. I have found personally things that made me suspect that pain can occur in different ways. On the one hand, a pain may show up if we got an infection or a disease in classical sense or if I hurt my body. Or it can emerge as out of nowhere on the other hand, without I have experienced any injury or disease at the present time. In a particular case, I had about 2-3 weeks pains in the upper body. Sometimes I found it difficult to breathe. It occurred to me the thought that this pain could originate from previous injuries.

It was as if I had been pierced in a previous life of several daggers. If so, this would mean that now something, which I still dragged around with me, was ready to be transformed to light. Perhaps I should say that I perceive Kundalini activities for

about 21 years and that during this period various side effects emerged, which, inter alia, have been expressed here and there in the form of temporary pains.

In the case that I got injured or a disease and thereby I feel a pain, it tells me something. This could tell me many things, which we could bring to a common denominator. This denominator could mean that over the pain we should be diverted from our current path, because we would keep us away from the awareness of our true divinity, if we would continue this path. In other words. Over the pain we are forced repeatedly to pause, that we are able to think or feel about ourselves and about the world to get into a mental attitude (mindset) that can evoke our spiritual consciousness and that can bring us at the end into the state of spiritual awareness. In state of spiritual awareness we would have found true fulfillment and therefore we will do nothing that would injure our body or would inflict pain on us or the other.

On the path to our spiritual awareness, we will be faced, to my knowledge, with two different pain-phenomena. The one kind of pain is something of a warning sign, which will bring us either on the path to ourselves and which will remind us that we have gone really astray. Once we are progressed on our journey of self-discovery so far that we generally are very relaxed, very self-conscious and with great confidence to the day's work or/and to the future, we perhaps will be primarily confronted with symptoms or pains which emerge out of the blue for transformation.

In order we give ourselves to joy, we open ourselves to the external and internal influences, we are increasingly become the observer of our lives and we live our lives in trust, it makes us receptive to higher energies. We live in a time in which intensified external energies (cosmic energy and other energies) and inner energies are flowing. It is the time of the energy work on ourselves, the time of making ourselves reinforced receptive for higher energies but also the time of an enhanced interaction of beings of all kinds, what is generally an act of energetic conjunction and of an energetic moving-together. With this energetic conjunction a harmonic resonance will be built within our energy-body system by which its energy density will be dissolved more and more. While the energy density dissolves a bit, energy is released. The liberated energy in turn dissolves existing energy blockades, old thinking and/or behavior patterns as well as memories of past injuries/pains, which may cause short-term symptoms. If this symptoms emerge they come normally one last time in an attenuated form of pain, discomfort, sadness or depression to light, then to disappear forever. Exactly these symptoms can no more really diagnosed in the classical sense.

In general, we need to accept these symptoms or perceived problems with a certain smile and to let them pass us who we are just the observer. Just as they came suddenly out of the blue, they will disappear like out of the blue again, although they may last for about 2-4 weeks or less. Depending on the situation, we also can make use of medicines for the purpose of relief. But this will be a matter quite of a short time, how we can usually observe it. Of course symptoms will still emerge that traditional medicine considers as difficult to cure or even incurable. Such symptoms can be based on deeper things, as we will discuss in part B. Nevertheless, for such

symptoms the appropriate person is still faced with the question how it is to deal with that or how he himself would deal with it.

The new professions in the medical system.

The ability of man is a talent that is predisposed (designed) in him as a potential, which he can bring to develop in the course of his life. Aptitudes, talents or abilities are independent of any acquired certificates or titles. This means that these things cannot be transferred from other people. Well, other people can help us in the development, saying, they can promote them in any form. In many cases, people are judged according to their acquired certificates or titles, because it is believed that they can help other people only if they apply any theories or practical things that have somehow practically proven. But we have already shown that probably it's about something else in terms of disease and healing, as to what the conventional medicine teaches us. **Therefore, it needs people who can rise above the conventional medicine and traditional psychotherapy and who have a deeper understanding of how the body, mind and spirit are connected.**

We have now attained a knowledge that has led us more and more to the realization that only a completely different understanding does help us more. It is an intuitive understanding, the understanding with the heart. More and more people seek this knowledge to apply with wisdom. They are also trained, not by people but by an inner teacher or by the spiritual world in accordance with their inner teacher. These people help if they are honest not by making people dependent, but by offering a help for self-help and self-healing. This type of assistance accordingly entails new jobs.

New to these professions is that they act on the energy systems of the human body and the human psyche. The one who provides help then is something like an energetic catalyst for setting in motion the healing process on client or patient if that is ready for it or if the healing is provided in the soul-plan.

In case that two people come together to enter into harmonic resonance, that is, to join together in the spirit, then they allow that energy can flow in their energy systems. This energy is getting free to convert disharmonious energies of certain areas of the human body energy system in harmonious energy, which is always associated with a cure. Only then we can speak of a real healing process.

What have positive wishes, hearty prayers, mental training, spiritual healing, imposition of hands and the like in common? These are energetic actions that affect us and others in the sense that an energetic connection takes place with the above-mentioned accompanying effects. In the type of energetic action there is no limit. The ability of such influences lies in our all natural. No one is exempt. Precisely because in every human being dwells each potential, every person is able to bring for himself to develop that, which makes him healthy and brings him success, if he is not so much blunted in the spirit that it is currently (in this existence) not (any more) possible for him.

If therapist and client join together in the spirit, what for example is the case when a position of trust is set or a certain resonance is established (through sympathy, positive intention, ...), a flow of higher energies takes place in our body energy system. In case, that higher energies pass through us, certain areas of our energy body system can be illuminated, so to speak, that unprocessed memories come to light in any form. This can manifest in the form of sudden pains at certain points in the body, by sadness, depression or by hearty laughter. Such phenomena or symptoms I would interpret as so-called Light Body symptoms. Therapist, healer, life companion and the like should be aware of this phenomena and ready for an aftercare of their clients.

Approach for a concept to get this synergy in a practical way.

The concept could be oriented in a way that it takes into account all stages of spiritual development of a person. Whether we look at a person who goes through all the stages or at many people who are at different stages of spiritual development, it remains conceptually the same. At lower levels it is inevitable that a man eat as healthy as possible, that he eats food of low pollution and/or that he accepts medical aids whatsoever, while at the highest level of his mental development a man could consume deadly poison without that it would harm his body. At the highest level a person would never need a medicament or therapy. He could, if it corresponds to his life plan, even live without food.

Everyone is on a certain intellectual level or in different mental entanglement, as always we want to call this type of state. It is crucial that every human being can change its state and can ultimately reach a level that enables him to overcome any illness, even to overcome death.

Diseases, failures and problems of any kind can be regarded as pure creations that man creates himself or he has created himself. Of course, positive seeming things like health, success, wealth, prosperity and the like can also be regarded as pure creations. Thus, everyone has to answer for everything.

All in all it must be assumed that there is an internal plan for every person who can let remind him (again) at the end that he is divine. With this recollection he is brought to the realization that he is the creator of his own life and that he in reality is dependent on nothing and no one else but on himself. **Only his thoughts, feelings and beliefs determine his life, bearing in mind, that each person also has higher consciousness that shape his life.** The ultimate aim is that man creates a harmony with all his consciousness-parts, if he wants truly to cope with life. He can do this by the fact that he constantly tries to remember what his internal plan (plan soul) is and that he follows his intuition more and more.

In this issue we can split up people roughly into four categories. The man of the first category relies mainly on his mind and on the past experience. Because he's not aware of his spiritual identity and do not know what this really means, his life is geared more on fight, defense, delineation and stress. He sees in the external things a certain power. He might be in a spiritual entanglement of fairly high degree,

because he has to realize again and again that his beliefs don't really have consistency because of the many exceptions regarding his understanding. Yesterday he believed to have understood this or that. Today he is also no longer safe and doubt it. He constantly oscillates back and forth between: "I understand, how life works" and "I don't understand the world anymore".

The man of the second category is someone who already begins to question old concepts and old beliefs. That begins to realize that there is more than we can see with the eyes and can find with the physical measurement instruments. He recognizes gradually more and more that he has spiritual powers. Because he does not always see the desired success with his change in thinking, he's still quite strong at doubts. His awaited success therefore still stays partially out, because unconscious beliefs and convictions are still anchored in him which let manifest partially those things which stands in contradiction to his desire.

The man of the third category is able to rise above the many doubts and finds more and more that his life is on the right track. He has reached a self-confidence that does really no more let him shaken. His belief in his spiritual powers and his spiritual guidance has already become a certainty. External influences (radiation, pollutants and toxins) no longer affect his body so strong, because his inner thinking program has quite strongly fixed on stability, flexibility, wholeness, vitality and integrity. He needs not so much to pay attention to healthy diet and can indulge the pleasures always more carefree, without damaging his body.

The man of the fourth category has completely taken away those beliefs that do not match his true divinity. He is now aware of his true divinity and has full access to his higher consciousness parts. He remembers both his true being and his task he has set out to do here on earth. Because he lives his life in perfect harmony with his higher consciousness parts and is fully aware of the power of his thoughts, he cherishes no thoughts anymore which makes his life difficult or unpleasant. On the contrary, he will be at any moment at the right place to think, to say and do the right thing. For such a man deficiency, disease and fights will henceforth belong to the past. Such a person could in certain circumstances consume a deadly poison that does not really hurt him. Whether he does that or something else or he holds himself back to do something like that, it will always be in accordance with his higher consciousness parts. Possibly he has permanently perfected the connection to his great-matrix that his cells can absorb subtle energy for utilizing for food.

According to this view, the rough classification into 4 categories could be very helpful to promote the synergy of classical medicine, alternative medicines and alternative therapies. Because, if we can well estimate a man in this issue we can also well recommend means for help. **Of course a man of the 4th category has successfully reached the end of his therapy.**

Because each person is located in the development, it can be assumed that every human being climbs the categories stage for stage, wherein the fourth stage is the highest (final) stage. Where a person is standing will be pointed out.

The man of the 1st category will mainly take traditional medicine, although that usually treats only symptoms but not searches for the root causes. That man would

do well to eat healthy and avoid toxic substances. However, it is at the present time not so simple, to eat healthy and food of low pollution, especially since there is increasingly a lack of nutrients in the food and since the food is always more poisoned and irradiated. It partially lacks of money for quality food or of the time for an own cultivation, etc. The man does not really resolve diseases and bad states of affairs. On the contrary, diseases and bad states of affairs are relocated or even strengthened. So this man is virtually in a vicious circle. But at some point he gets to a point where he can no longer bear his illness or his suffering and he has come at his wits' end. This is the opportunity of rethinking and thus the chance to transform the vicious circle into a virtuous circle. Now, he has the chance and the opportunity to become the man of the category 2.

Man of the second category now begins to question what brings his life to him. He wonders about the meaning of his disease(s) and living conditions, and knows that he causes them at least partially. He pays now more attention to what his body and soul need. In medicine, he now no longer looks so much the panacea and now takes just wisely medication. His attention is now focused on alternative healing. However, he recognizes that even alternative therapies such as acupuncture and homeopathy do not always lead to the desired success. He also realizes that his rethinking does not always lead to desired success, so he still is torn between classical medicine, alternative medicine and mental work. The more he enters the risk of relying on his power of thought, the more secure he's with time, because his unconscious beliefs and old beliefs are losing breeding ground and therefore stand no longer so much in contradiction to his desire. He can see how his life is more and more on the right track. The fact that he can remain steadfast against many doubts and smaller setbacks, he can determine that his faith has become more certainty. His self-confidence is now grown so much that he does make nothing else and no one else responsible for his life but himself. He has climbed the Level 3.

Man of third Category is not yet entirely free from any complaints, but takes only rarely medicaments, whether classical or homoeopathic. In his complaints he sees not even a reason to rethink his life, because his rethinking anyway is already fully under way and he considers anyway to follow his intuition. Where are the complaints coming? By opening ourselves to our soul plan and also to the energies that flow in our energy body system, the remaining unconscious memories, which are characterized by pain and injury, are coming again in an attenuated form to light for being reconciled, purified and transformed. In this way we can let go of the past entirely and also of the related hindering convictions or beliefs. This can be seen practically by the fact that certain symptoms come and go without they hurt us. We let them come and accept them gratefully in the knowledge that they now disappear forever. Now we can let go the related old memories lovingly, if they ever become conscious. Some of the memories do not come by dissolving (reconciliation) into consciousness. A symptom treatment we do only make in exceptional cases for reducing pain. This we will do intuitively correct. Someday there will be no more unreconciled event from the past which should be brought to light because all unholy thoughts from the past will then be reconciled. Because now no more fertile ground

exists for the denial of what we really are, the memory of our true being and our earthly mission (true destiny) can now emerge from the shadows. Now, no more symptoms are coming out of nowhere or would be created at the present time because we are conscious enough, not to create them deliberately. They simply make no more sense. Now we have become the people of the category 4.

The man of the 4th category has successfully reached the end of his therapy and is in harmony with himself. Because his state of mind is perfectly healthy, his body is perfectly healthy, according to the understanding of 'mens sana in corpore sano', in a healthy body, a healthy mind.

Possible measures depending on the category (in brief).

Category 1: medicaments, surgery, healthy diet, tailored food choices (what's good for the body, what not), to avoid pollutants + relaxation therapies (dance, music, game ...) or/and various therapies (Physio therapies, chiropractic, osteopathy, massages ...).

Category 2: As 1 + nontraditional methods (homeopathy, acupuncture, Spiritual healing ...) + Application of naturopathy.

Category 3: As 2 + support for self-help and for self-healing and to assume the responsibility; in parallel.

Category 4: No more action is needed because therapy is completed.

Note: With the progression of internal growth, external aid (medicines and other applications) are always less. In addition, the focus of energetic influence (treatment, application or therapy) is shifting more and more in the direction of higher energy levels. This means, with the progression of inner growth less and less orthodox medicine is required, while the alternative healing methods are preferred. At the same time the feeling of self-responsibility and self-empowerment is increasingly growing in order to can solve gradually the own problems, in whatever form they may look.

On the subject of spiritual healing and healers.

Spiritual healing, which is carried out externally, is to be interpreted on my viewpoint in a way, that the 'healer' serves only as a living catalyst, which brings in motion the healing process in the other. Only if the 'healer' conveys to his client his true function as a catalyst, he is really helping his client to find whose future salvation in himself. So, the healer gives to understand the client that his aid only is or was an aid to whose self-help or self-healing.

Also therapist, naturopath or doctor can be construed as 'healer' if acting in a harmonious way at any energetic level. Of course, everyone has just by its existence an energetic influence, because everyone is living energy. However, our influence may favor, depending on our intention and/or our spiritual state, either the course of a particular recovery or the course of a particular disease in the others, if the others are receptive to our influence in any form.

Now, the healer (= alive healing catalyst) can act on different planes, wherein the spiritual level is the most effective level of healing. **If the healer is capable of acting on the soul level, spontaneous healings may occur.** On the lower levels, the cure will be more of a temporal process and not as strong or powerful as at soul level. It may even be that the healing process is barely noticeable if caused on to the lower levels.

The aim of every healer, therapist or life consultant should be, to bring his client to take advantage of external support only temporary in order to become gradually more independent through more intrinsic activity.

Soul plan and state of spirit (frame of mind).

Nothing can happen, if our state of spirit or our soul-plan does not allow it. **It is evident, that the law of cause and effect can never be repealed.** Therefore all healings have always to do with the state of mind and the soul plan of the respective participants. **It should even be speculated that the soul plan is hierarchically above the mental condition,** see "hidden causes, underlying causes" in:

<http://franzquenter-leicht.info/data/documents/Possible-causes-of-disease-symptoms-and-symptomatology-of-the-new-time.pdf>

If someone could be taken away a problem, such as a disease symptom, without he is able to see a reason to change his life accordingly, then this would not be in accordance with his soul plan. Thus, the problem solution (e.g. certain cure) will not be possible without a certain learning effect.

On the subject of state of spirit (frame of mind), we can ask the following questions: "How much confidence do we have in our life, in ourselves and in our inner guidance? What faith and confidence can we have that it happens to us only in such a way that it conforms always to our inner convictions, beliefs, fears, visions and the like? How well we succeed in finding enough time for relaxation, peace and quiet in our daily lives? "See" physiological aspect of the consideration of diseases" in:

<http://franzquenter-leicht.info/data/documents/Possible-causes-of-disease-symptoms-and-symptomatology-of-the-new-time.pdf>

Well, someone, who can act on soul level, knows exactly what he has to do on the others. He will act on the others only in such a way that it conforms always to their soul-plan, that it serves best their development and that he himself does not suffer any disadvantage. He knows that abuse of power could lead to the loss of the own power.

The one who can act only on the lower levels has more likely to follow his intuition. He will not be entirely free of self-interest and/or selfish motives. Because the ego, considered neutrally and without assessment, will be in the game for varying degrees, the therapeutic projects will be crowned with fluctuating success or not always successful or noticeable. Here it is, that both concerned parties have still to learn ("healer" like client). Anyway, those are to be found who are attracted to each other in accordance with the Law of Attraction. **That means, clients and healers are**

always meeting in accordance with certain points of contact (study topics) that are somehow common or similar to each other.

Merger of several persons who give assistance.

It could prove to be very useful to provide an address for covering as many as possible areas, similar to a therapeutic or health center. This center should be geared at best that all disciplines are covered to make possible this synergy. This means that this requires a cooperation of visionaries, economists, agronomists (provision of healthy food), chefs (adequate preparation of food), doctors, Vision trainers, personal trainers, medical practitioners, naturopaths, various therapists (wellness, physiotherapy, psychotherapy, ...) and (Spirit-) healers. The establishment of such an institute can be carried out by stages, so as to achieve and optimize the mentioned synergy step by step.

It is the time of mergers, of formation of groups, of networking, of mutual support and assistance, of mutual helping-together, of mutual healing, of Each Other and of coexistence. It is the time to give actively evidence that we are bound together in spirit. It is the time that healings and other miracles widely happen, that enthusiasm will be aroused as well as the memory of our all spiritual connectedness.

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